

| Plaats | Nummer | Naam | Tijd | Gemidd. Snelheid | Kortemark |
|--------|--------|-----------------------|---------|------------------|-----------|
| 1 | 397 | Dekeyser Thomas | 0:18:50 | 17,52 | 0 |
| 2 | 366 | Kerremans Axel | 0:19:15 | 17,14 | 0 |
| 3 | 414 | Gyssels Lander | 0:20:00 | 16,50 | 0 |
| 4 | 415 | Cornelis Bart | 0:20:45 | 15,90 | 0 |
| 5 | 388 | Patteeuw Tom | 0:21:15 | 15,53 | 0 |
| 6 | 419 | Kinget Laurens | 0:21:25 | 15,41 | 0 |
| 7 | 398 | Dekeyser Lynn | 0:22:20 | 14,78 | 0 |
| 8 | 348 | Delaere Jordy | 0:23:50 | 13,85 | 0 |
| 9 | 307 | Vandevelde Jasper | 0:24:00 | 13,75 | 0 |
| 10 | 429 | De Spiegeleire Jonas | 0:24:10 | 13,66 | 0 |
| 11 | 368 | Syoen Frank | 0:24:12 | 13,64 | K |
| 12 | 349 | Delaere Brent | 0:24:13 | 13,63 | 0 |
| 13 | 375 | Ulin Luc | 0:24:14 | 13,62 | K |
| 14 | 393 | Joye Patrick | 0:24:30 | 13,47 | K |
| 15 | 387 | Dedeyster Patrick | 0:25:00 | 13,20 | K |
| 16 | 394 | Cneudt Lennert | 0:25:35 | 12,90 | 0 |
| 17 | 324 | Denecker Sandy | 0:26:00 | 12,69 | K |
| 18 | 386 | Neyrinck Karen | 0:26:02 | 12,68 | 0 |
| 19 | 301 | Vercooren Stefaan | 0:26:10 | 12,61 | K |
| 20 | 372 | De Neve Arthur | 0:26:50 | 12,30 | K |
| 21 | 350 | Delaere Lewis | 0:27:10 | 12,15 | 0 |
| 22 | 314 | Kerkhof Maarten | 0:27:20 | 12,07 | K |
| 23 | 382 | Van Elslander Simon | 0:27:30 | 12,00 | K |
| 24 | 421 | Schrauwen Dominiek | 0:27:31 | 11,99 | 0 |
| 25 | 390 | Thio Roland | 0:27:50 | 11,86 | 0 |
| 26 | 412 | Vanlerberghe Ward | 0:28:00 | 11,79 | K |
| 27 | 424 | Vandemoortele Schaeny | 0:28:03 | 11,76 | 0 |
| 28 | 320 | Clybouw Jimmy | 0:28:05 | 11,75 | 0 |
| 29 | 396 | Viaene Peter | 0:28:10 | 11,72 | K |
| 30 | 369 | Verhelst Nico | 0:28:20 | 11,65 | K |
| 31 | 381 | Martens Warre | 0:28:40 | 11,51 | K |
| 32 | 431 | Muyll Ashley | 0:28:45 | 11,48 | 0 |
| 33 | 430 | Crombez Jens | 0:28:46 | 11,47 | 0 |
| 34 | 335 | Vandepitte Andrew | 0:29:00 | 11,38 | 0 |
| 35 | 323 | Crombez Kurt | 0:29:05 | 11,35 | 0 |
| 36 | 337 | Vanseveren Tine | 0:29:15 | 11,28 | K |
| 37 | 332 | Vallaey Wieland | 0:29:21 | 11,24 | 0 |
| 38 | 308 | De Larue Saskia | 0:29:22 | 11,24 | 0 |
| 39 | 326 | Dornez Nicolai | 0:29:31 | 11,18 | 0 |
| 40 | 351 | David Danny | 0:29:33 | 11,17 | 0 |
| 41 | 409 | Lavens Veerle | 0:29:34 | 11,16 | 0 |
| 42 | 423 | De Vos Jean | 0:29:42 | 11,11 | 0 |
| 43 | 389 | Patteeuw Devin | 0:30:00 | 11,00 | 0 |
| 44 | 313 | Vandenbroucke Agnes | 0:30:07 | 10,96 | K |
| 45 | 410 | Vanlerberghe Jurgen | 0:30:12 | 10,93 | K |
| 46 | 334 | Vandenbergh An | 0:30:13 | 10,92 | 0 |
| 47 | 305 | Vansamang Ann | 0:30:16 | 10,90 | 0 |
| 48 | 304 | Watty Johan | 0:30:17 | 10,90 | 0 |
| 49 | 403 | Baeckelandt Katleen | 0:30:30 | 10,82 | K |

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|----|-----|------------------------|---------|-------|---|
| 50 | 311 | Lambelin Allesio | 0:31:03 | 10,63 | 0 |
| 51 | 322 | Declercq Bart | 0:31:04 | 10,62 | K |
| 52 | 422 | Hoorelbeke Wim | 0:31:05 | 10,62 | 0 |
| 53 | 416 | Cornette Geert | 0:31:30 | 10,48 | K |
| 54 | 359 | Vanpraet Sofie | 0:32:15 | 10,23 | 0 |
| 55 | 385 | Jonckheere Patrick | 0:32:16 | 10,23 | 0 |
| 56 | 302 | Braem Johan | 0:32:20 | 10,21 | K |
| 57 | 371 | De Neve Stijn | 0:32:21 | 10,20 | K |
| 58 | 417 | Deschuyter Kris | 0:32:34 | 10,13 | 0 |
| 59 | 402 | Winne Xanthe | 0:32:36 | 10,12 | 0 |
| 60 | 315 | Lampaert Geert | 0:32:38 | 10,11 | 0 |
| 61 | 357 | Coussement An | 0:32:40 | 10,10 | K |
| 62 | 312 | Muysen Heidi | 0:32:42 | 10,09 | K |
| 63 | 352 | Bohez Marc | 0:32:44 | 10,08 | K |
| 64 | 356 | Denys Ineke | 0:32:46 | 10,07 | K |
| 65 | 404 | Vannieuwenhuyse Axelle | 0:33:00 | 10,00 | 0 |
| 66 | 364 | Van Compernelle Heidi | 0:33:01 | 9,99 | 0 |
| 67 | 340 | Colpaert Jean-Pierre | 0:33:02 | 9,99 | K |
| 68 | 425 | Vandaele Franky | 0:33:05 | 9,97 | K |
| 69 | 377 | De Clercq Rita | 0:33:28 | 9,86 | 0 |
| 70 | 376 | Poppe Alain | 0:33:29 | 9,86 | 0 |
| 71 | 373 | Bouttelgier Kris | 0:33:40 | 9,80 | K |
| 72 | 399 | Decloedt Gerda | 0:33:53 | 9,74 | 0 |
| 73 | 370 | Vandecasteele Sandy | 0:33:54 | 9,73 | 0 |
| 74 | 354 | Vandamme Maike | 0:34:00 | 9,71 | K |
| 75 | 395 | Gadeyne Sabine | 0:34:30 | 9,57 | 0 |
| 76 | 418 | Rosseel Kristien | 0:34:31 | 9,56 | 0 |
| 77 | 374 | Azou Patricia | 0:34:35 | 9,54 | 0 |
| 78 | 426 | David Linda | 0:34:50 | 9,47 | 0 |
| 79 | 344 | Danneels Nathalie | 0:34:53 | 9,46 | 0 |
| 80 | 353 | Decoene Charlotte | 0:35:02 | 9,42 | K |
| 81 | 316 | Deforche Carine | 0:35:10 | 9,38 | 0 |
| 82 | 343 | Vanderhaeghe Caroline | 0:35:16 | 9,36 | 0 |
| 83 | 319 | Cornette Mario | 0:35:20 | 9,34 | K |
| 84 | 384 | Crevits Francine | 0:35:30 | 9,30 | 0 |
| 85 | 360 | Crivits Nadine | 0:35:31 | 9,29 | 0 |
| 86 | 400 | Winne Isaure | 0:36:10 | 9,12 | 0 |
| 87 | 338 | Naggy Melanie | 0:36:20 | 9,08 | 0 |
| 88 | 327 | Lezy Yves | 0:36:21 | 9,08 | 0 |
| 89 | 330 | Pouillie Lise | 0:36:22 | 9,07 | 0 |
| 90 | 317 | Braem Liesbeth | 0:36:30 | 9,04 | 0 |
| 91 | 401 | Mommerency Saskia | 0:36:31 | 9,04 | 0 |
| 92 | 427 | Seynaeve Louise | 0:36:32 | 9,03 | 0 |
| 93 | 428 | Bossiek Trees | 0:36:33 | 9,03 | 0 |
| 94 | 342 | Verplancke Yvette | 0:36:40 | 9,00 | K |
| 95 | 341 | Volckaert Linda | 0:36:42 | 8,99 | K |
| 96 | 378 | Stubbe Lucienne | 0:36:43 | 8,99 | K |
| 97 | 306 | Claeys Hilde | 0:37:25 | 8,82 | K |
| 98 | 379 | Scharmin Geert | 0:38:02 | 8,68 | K |
| 99 | 392 | Staelens Sylvie | 0:38:10 | 8,65 | K |

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| 100 | 391 | Assez Evelyne | 0:38:11 | 8,64 | K | |
| 101 | 361 | Vandermeersch Kathy | 0:38:32 | 8,56 | K | |
| 102 | 358 | Desender Isabelle | 0:38:33 | 8,56 | K | |
| 103 | 363 | Roelandts Han | 0:39:00 | 8,46 | K | |
| 104 | 362 | Misseeuw Sofie | 0:39:01 | 8,46 | K | |
| 105 | 355 | Wittesaele Bieke | 0:39:15 | 8,41 | K | |
| 106 | 411 | Vandenbroucke Kelly | 0:40:02 | 8,24 | K | |
| 107 | 383 | Van Elslander Jan | 0:40:10 | 8,22 | K | |
| 108 | 367 | Bouckenooge Debbie | 0:40:11 | 8,21 | K | |
| 109 | 303 | Defevere Miria | 0:40:12 | 8,21 | | 0 |
| 110 | 318 | Callens Sarah | 0:41:33 | 7,94 | | 0 |
| 111 | 346 | Deszwarte Sarah | 0:41:50 | 7,89 | K | |
| 112 | 347 | Hornaert Elien | 0:43:10 | 7,64 | K | |
| 113 | 331 | Roelens Tinneke | 0:43:12 | 7,64 | K | |
| 114 | 380 | Kimpe Brent | 0:46:40 | 7,07 | K | |