

| Plaats | Nummer | Naam | Tijd | Gemidd. Snelheid | Kortemark | Geslacht |
|--------|--------|-----------------------|---------|------------------|-----------|----------|
| 1 | 391 | Kerremans Axel | 0:19:25 | 17,00 | 0 | H |
| 2 | 438 | Priem Mathieu | 0:19:45 | 16,71 | 0 | H |
| 3 | 437 | Claeys Marlon | 0:20:10 | 16,36 | 0 | H |
| 4 | 308 | Rietmaeker Andy | 0:20:24 | 16,18 | K | H |
| 5 | 362 | D'Halluin Pascal | 0:20:36 | 16,02 | 0 | H |
| 6 | 383 | Deltour Steven | 0:21:00 | 15,71 | 0 | H |
| 7 | 442 | Descamps Andy | 0:21:20 | 15,47 | 0 | H |
| 8 | 451 | Degroote Kris | 0:21:45 | 15,17 | 0 | H |
| 9 | 204 | Vanoverschelde Sven | 0:21:48 | 15,14 | 0 | H |
| 10 | 487 | Vandemoortele Ritchie | 0:22:30 | 14,67 | 0 | H |
| 11 | 431 | De Laere Annick | 0:22:59 | 14,36 | 0 | D |
| 12 | 386 | Spriet Anthony | 0:23:01 | 14,34 | 0 | H |
| 13 | 341 | Jongbloet Wim | 0:23:02 | 14,33 | K | H |
| 14 | 342 | Jongbloet Tristan | 0:23:07 | 14,28 | K | H |
| 15 | 350 | Verlinde Bartel | 0:23:15 | 14,19 | K | H |
| 16 | 477 | Vandenbulcke Trui | 0:23:18 | 14,16 | K | D |
| 17 | 495 | Wittouck Yves | 0:23:19 | 14,15 | 0 | H |
| 18 | 353 | Cappoen Rudi | 0:23:20 | 14,14 | K | H |
| 19 | 432 | Vandevelde Jasper | 0:23:23 | 14,11 | 0 | H |
| 20 | 317 | Poppe Alain | 0:23:25 | 14,09 | 0 | H |
| 21 | 443 | Ulin Luc | 0:23:30 | 14,04 | K | H |
| 22 | 456 | Van Tieghem Stien | 0:23:32 | 14,02 | 0 | D |
| 23 | 404 | Denecker Sandy | 0:23:40 | 13,94 | 0 | H |
| 24 | 496 | De Spiegeleire Jonas | 0:23:53 | 13,82 | 0 | H |
| 25 | 349 | Denecker Bart | 0:23:54 | 13,81 | K | H |
| 26 | 375 | Syoen Frank | 0:23:55 | 13,80 | K | H |
| 27 | 338 | Joye Patrick | 0:23:56 | 13,79 | K | H |
| 28 | 497 | De Spiegeleire Willy | 0:24:12 | 13,64 | 0 | H |
| 29 | 482 | Delaere Brent | 0:24:28 | 13,49 | 0 | H |
| 30 | 370 | Cneudt Lennert | 0:24:29 | 13,48 | 0 | H |
| 31 | 214 | Vanneste Liesbeth | 0:24:30 | 13,47 | 0 | D |
| 32 | 351 | Vandewalle Ritsu | 0:24:33 | 13,44 | 0 | H |
| 33 | 217 | Beel Dennis | 0:24:37 | 13,41 | 0 | H |
| 34 | 216 | Cherlet Tineke | 0:24:39 | 13,39 | 0 | D |
| 35 | 330 | Vancompernelle Hugo | 0:24:42 | 13,36 | 0 | H |
| 36 | 390 | Depoorter Chris | 0:24:45 | 13,33 | 0 | H |
| 37 | 458 | Willemys Marco | 0:24:50 | 13,29 | 0 | H |
| 38 | 200 | Maeckelbergh Kevin | 0:24:53 | 13,26 | 0 | H |
| 39 | 459 | Vantomme Aron | 0:24:56 | 13,24 | K | H |
| 40 | 219 | Devriendt Joan | 0:25:04 | 13,16 | 0 | H |
| 41 | 424 | Van Elslander Simon | 0:25:20 | 13,03 | K | H |
| 42 | 355 | Van de Walle Emilie | 0:25:25 | 12,98 | K | D |
| 43 | 464 | Cattignies Lode | 0:25:26 | 12,98 | 0 | H |
| 44 | 318 | Vermaercke Jaron | 0:25:38 | 12,87 | K | H |
| 45 | 348 | Ver Eecke Kevin | 0:25:47 | 12,80 | K | H |
| 46 | 473 | De Schutter Wouter | 0:25:48 | 12,79 | K | H |
| 47 | 410 | Massez Frédérick | 0:26:10 | 12,61 | 0 | H |
| 48 | 364 | Vandenbussche Yano | 0:26:11 | 12,60 | 0 | H |
| 49 | 336 | Callewaert Gerdi | 0:26:27 | 12,48 | K | H |
| 50 | 359 | Caerels Matthijs | 0:26:28 | 12,47 | 0 | H |
| 51 | 461 | Blomme Damienne | 0:26:39 | 12,38 | 0 | D |
| 52 | 367 | Puype Wesly | 0:26:50 | 12,30 | K | H |
| 53 | 412 | Verhaeghe Sander | 0:27:05 | 12,18 | K | H |
| 54 | 373 | Declair Chris | 0:27:10 | 12,15 | K | H |
| 55 | 448 | Claeys Karen | 0:27:30 | 12,00 | K | D |
| 56 | 347 | Decoene Kurt | 0:27:32 | 11,99 | K | H |
| 57 | 319 | Vermaercke Chris | 0:27:36 | 11,96 | K | H |
| 58 | 462 | Van D'huynslager Emma | 0:27:37 | 11,95 | 0 | D |

| Plaats | Nummer | Naam | Tijd | Gemidd. Snelheid | Kortemark | Geslacht |
|--------|--------|-----------------------|---------|------------------|-----------|----------|
| 59 | 463 | Van D'huynslager Gino | 0:27:38 | 11,94 | 0 | H |
| 60 | 479 | Degroote Cédric | 0:27:39 | 11,93 | 0 | H |
| 61 | 415 | Deceuninck Dries | 0:27:42 | 11,91 | 0 | H |
| 62 | 483 | Delaere Lewis | 0:27:45 | 11,89 | 0 | H |
| 63 | 488 | Vandemoortele Shaeny | 0:27:53 | 11,84 | 0 | D |
| 64 | 433 | Deturck Ivan | 0:27:54 | 11,83 | 0 | H |
| 65 | 411 | Vanseveren Tine | 0:28:00 | 11,79 | 0 | D |
| 66 | 452 | Tolpe Yves | 0:28:13 | 11,70 | K | H |
| 67 | 376 | Cornette Wietse | 0:28:15 | 11,68 | K | H |
| 68 | 211 | Vanoutrijve Mike | 0:28:18 | 11,66 | K | H |
| 69 | 305 | Kerkhof Maarten | 0:28:22 | 11,63 | K | H |
| 70 | 210 | Vanlerberghe Xavier | 0:28:25 | 11,61 | 0 | H |
| 71 | 371 | Cneudt Flore | 0:28:27 | 11,60 | 0 | D |
| 72 | 444 | Depoorter Leandros | 0:28:29 | 11,59 | 0 | H |
| 73 | 472 | Viaene Peter | 0:28:33 | 11,56 | K | H |
| 74 | 205 | Verbeke Kevin | 0:28:40 | 11,51 | 0 | H |
| 75 | 213 | Beauprez Björn | 0:28:53 | 11,43 | 0 | H |
| 76 | 365 | Vandermersch Dorine | 0:28:54 | 11,42 | 0 | D |
| 77 | 481 | Vandeputte Jonathan | 0:29:10 | 11,31 | 0 | H |
| 78 | 470 | Montaigne Jani | 0:29:15 | 11,28 | 0 | D |
| 79 | 494 | Vanheule Marc | 0:29:18 | 11,26 | 0 | H |
| 80 | 430 | Stroobant Nico | 0:29:19 | 11,26 | K | H |
| 81 | 363 | Alleman Marie-Therese | 0:29:32 | 11,17 | 0 | D |
| 82 | 203 | Vanthomme Bram | 0:29:34 | 11,16 | 0 | H |
| 83 | 201 | Lansen Marjan | 0:29:35 | 11,15 | 0 | D |
| 84 | 354 | Zoete Sidney | 0:29:45 | 11,09 | K | H |
| 85 | 465 | Vandepitte Henny | 0:30:05 | 10,97 | K | H |
| 86 | 457 | Sohier Xavier | 0:30:16 | 10,90 | 0 | H |
| 87 | 426 | Van Elslander Lukas | 0:30:20 | 10,88 | K | H |
| 88 | 469 | Descamps Margaux | 0:30:22 | 10,87 | 0 | D |
| 89 | 467 | Lansen Saartje | 0:30:24 | 10,86 | 0 | D |
| 90 | 208 | Averbeke Marleen | 0:30:25 | 10,85 | 0 | D |
| 91 | 352 | Bauwens Gudrun | 0:30:26 | 10,84 | 0 | D |
| 92 | 215 | Dewaele Peter | 0:30:27 | 10,84 | 0 | H |
| 93 | 441 | Becuwe Gudrun | 0:30:28 | 10,83 | 0 | D |
| 94 | 425 | Van Elslander Jan | 0:30:29 | 10,83 | K | H |
| 95 | 499 | Monai Jaceck | 0:30:30 | 10,82 | 0 | H |
| 96 | 302 | Bohez Mark | 0:30:37 | 10,78 | K | H |
| 97 | 400 | Parmentier Francis | 0:30:40 | 10,76 | 0 | H |
| 98 | 337 | Vandenbroucke Agnes | 0:30:46 | 10,73 | K | D |
| 99 | 389 | Van Luchem Silvia | 0:30:52 | 10,69 | 0 | D |
| 100 | 340 | Verkinderen Nic | 0:30:54 | 10,68 | 0 | H |
| 101 | 402 | Dornez Nicolai | 0:31:00 | 10,65 | 0 | H |
| 102 | 485 | Bruynooghe Jasmien | 0:31:05 | 10,62 | 0 | D |
| 103 | 498 | Lukasiewicz Martin | 0:31:08 | 10,60 | 0 | H |
| 104 | 445 | Beeckaert Johan | 0:31:12 | 10,58 | K | H |
| 105 | 304 | Sans Karien | 0:31:16 | 10,55 | K | D |
| 106 | 343 | Clarysse Emmy | 0:31:20 | 10,53 | 0 | D |
| 107 | 460 | Degrendel Vanessa | 0:31:25 | 10,50 | K | D |
| 108 | 414 | Vandepitte Andrew | 0:31:29 | 10,48 | 0 | H |
| 109 | 439 | Vannieuwekerke Willy | 0:31:32 | 10,47 | 0 | H |
| 110 | 324 | Missine Nancy | 0:31:35 | 10,45 | K | D |
| 111 | 449 | Tolpe Mauro | 0:31:48 | 10,38 | K | H |
| 112 | 209 | De Haese Luc | 0:31:54 | 10,34 | 0 | H |
| 113 | 422 | Mommerency Philippe | 0:31:58 | 10,32 | K | H |
| 114 | 332 | Muyssen Heidi | 0:32:04 | 10,29 | K | D |
| 115 | 323 | Persoon Liesbeth | 0:32:33 | 10,14 | 0 | D |
| 116 | 328 | Lampaert Geert | 0:32:45 | 10,08 | 0 | H |

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|--------|--------|----------------------|---------|------------------|-----------|----------|
| 117 | 372 | Gadeyne Sabine | 0:32:48 | 10,06 | 0 | D |
| 118 | 401 | Braem Johan | 0:32:53 | 10,04 | K | H |
| 119 | 374 | Coghe Evelien | 0:33:10 | 9,95 | 0 | D |
| 120 | 321 | Debruyne Kris | 0:33:20 | 9,90 | 0 | H |
| 121 | 322 | Dedeyster Patriek | 0:33:21 | 9,90 | K | H |
| 122 | 419 | Knockaert Roger | 0:33:34 | 9,83 | 0 | H |
| 123 | 416 | Willaert Lies | 0:33:36 | 9,82 | K | D |
| 124 | 360 | Vandenbrande Evelien | 0:33:42 | 9,79 | K | D |
| 125 | 493 | Roussel Sofie | 0:33:49 | 9,76 | 0 | D |
| 126 | 333 | Beernaert Angelo | 0:34:02 | 9,70 | K | H |
| 127 | 471 | Douchy Karsten | 0:34:06 | 9,68 | 0 | H |
| 128 | 325 | Deforce Carine | 0:34:12 | 9,65 | 0 | D |
| 129 | 428 | Van Kris | 0:34:22 | 9,60 | 0 | H |
| 130 | 381 | Roelandts Han | 0:34:33 | 9,55 | K | H |
| 131 | 311 | Roelandts Dries | 0:34:34 | 9,55 | 0 | H |
| 132 | 377 | Vermote Lynn | 0:34:40 | 9,52 | K | D |
| 133 | 478 | Rossee Kristien | 0:34:46 | 9,49 | 0 | D |
| 134 | 384 | Vanbecelaere Cederic | 0:35:13 | 9,37 | K | H |
| 135 | 218 | Decock Eveline | 0:35:17 | 9,35 | K | D |
| 136 | 326 | Depuyper Brenda | 0:35:52 | 9,20 | 0 | D |
| 137 | 476 | Desmet Roy | 0:36:18 | 9,09 | 0 | H |
| 138 | 474 | Maes Sanne | 0:36:19 | 9,09 | K | D |
| 139 | 486 | Schallier Thalia | 0:36:34 | 9,02 | 0 | D |
| 140 | 206 | Decoodt Kristel | 0:36:35 | 9,02 | K | D |
| 141 | 454 | Dumortier Sabine | 0:36:36 | 9,02 | K | D |
| 142 | 358 | Defever Xenia | 0:36:39 | 9,00 | 0 | D |
| 143 | 313 | Vandaele Henriette | 0:36:52 | 8,95 | 0 | D |
| 144 | 492 | Hoet Renata | 0:36:53 | 8,95 | 0 | D |
| 145 | 309 | Vermeulen Kris | 0:37:00 | 8,92 | 0 | D |
| 146 | 366 | Goudeseune Romina | 0:37:10 | 8,88 | 0 | D |
| 147 | 378 | Decaestecker Claire | 0:37:11 | 8,87 | K | D |
| 148 | 339 | Desmedt Jamaica | 0:37:12 | 8,87 | 0 | D |
| 149 | 466 | Lansen Lisa | 0:37:13 | 8,87 | 0 | D |
| 150 | 468 | Constandt Caroline | 0:37:14 | 8,86 | 0 | D |
| 151 | 418 | Desmet Griet | 0:37:15 | 8,86 | 0 | D |
| 152 | 331 | Vanroose Daisy | 0:37:21 | 8,84 | 0 | D |
| 153 | 423 | Demoortele Marnix | 0:37:25 | 8,82 | 0 | H |
| 154 | 346 | Colpaert Jean-Pierre | 0:37:28 | 8,81 | K | H |
| 155 | 417 | Stubbe Lucienne | 0:37:32 | 8,79 | K | D |
| 156 | 447 | Beeckaert Jhelisa | 0:37:52 | 8,71 | 0 | D |
| 157 | 312 | Schepens Yves | 0:38:00 | 8,68 | K | H |
| 158 | 385 | Bouttry Nele | 0:38:10 | 8,65 | K | D |
| 159 | 344 | Nys Leen | 0:38:12 | 8,64 | K | D |
| 160 | 368 | Dierickx Tania | 0:38:30 | 8,57 | K | D |
| 161 | 403 | Callens Sarah | 0:38:33 | 8,56 | 0 | D |
| 162 | 307 | Hauspie Marianne | 0:38:37 | 8,55 | 0 | D |
| 163 | 491 | Vanzaelehem Emma | 0:38:38 | 8,54 | 0 | D |
| 164 | 490 | Delafontaine Romy | 0:38:39 | 8,54 | 0 | D |
| 165 | 394 | Braem Jules | 0:38:40 | 8,53 | K | H |
| 166 | 409 | Reynaert Stefanie | 0:38:52 | 8,49 | K | D |
| 167 | 314 | Wittesaele Bieke | 0:38:53 | 8,49 | K | D |
| 168 | 361 | Dedrie Carine | 0:38:54 | 8,48 | 0 | D |
| 169 | 329 | Van Calster Michaël | 0:38:55 | 8,48 | 0 | H |
| 170 | 429 | Scherens Branko | 0:38:56 | 8,48 | 0 | H |
| 171 | 427 | Van Tony | 0:39:10 | 8,43 | 0 | H |
| 172 | 434 | De Beir Natalie | 0:39:28 | 8,36 | 0 | D |
| 173 | 212 | Hoflack Tracy | 0:39:38 | 8,33 | 0 | D |
| 174 | 392 | Vermeersch Germain | 0:39:39 | 8,32 | K | H |

| Plaats | Nummer | Naam | Tijd | Gemidd. Snelheid | Kortemark | Geslacht |
|--------|--------|--------------------|---------|------------------|-----------|----------|
| 175 | 345 | Verplancke Ivette | 0:39:40 | 8,32 | K | D |
| 176 | 387 | Waquez Claire | 0:40:40 | 8,11 | 0 | D |
| 177 | 327 | Logghe Sandra | 0:40:41 | 8,11 | K | D |
| 178 | 382 | Roelandts Ella | 0:40:42 | 8,11 | K | D |
| 179 | 380 | Vlaeminck Manon | 0:40:44 | 8,10 | K | D |
| 180 | 379 | Misseeuw Sofie | 0:41:55 | 7,87 | K | D |
| 181 | 421 | Baekeland Gerard | 0:42:00 | 7,86 | K | H |
| 182 | 303 | Vercruysse Nele | 0:42:25 | 7,78 | 0 | D |
| 183 | 480 | Depuydt Bernadette | 0:42:26 | 7,78 | 0 | D |
| 184 | 301 | Vercruysse Kristen | 0:43:10 | 7,64 | 0 | D |
| 185 | 310 | Dezwarte Sarah | 0:43:11 | 7,64 | K | D |
| 186 | 489 | D'Hert Pheline | 0:43:12 | 7,64 | K | D |
| 187 | 453 | Verduyn Petra | 0:43:13 | 7,64 | K | D |